



MESSAGE FROM THE PRESIDENT

Our guest speaker for our upcoming CUPARUC General Meeting is from the Centre for Oral History. This has led me to thinking about memory and memories lately. It may also be that as my short-term memory seems shorter and shorter, long term memories have been popping in unannounced more often. Friends from childhood and school days and long past relatives haunt my reveries, and I am carried back to times of joyful play, and family dinners, of victories and defeats, and of things I did and didn't do. The memories of deeds I didn't do are in some ways the most poignant, for the time and occasion to make a call or visit, to say thank you or apologize are long past. Still, I cherish my distant memories for bringing back to me the presence of those who were dear to me and of the good fortune I've been privileged to enjoy in my life, including my time at Concordia. As the song from Cats puts it,

*Memory, all alone in the moonlight,
I can smile at the old days,
I was beautiful then.
I remember the time I
Knew what happiness was.
Let the memory live again.*

If memories are at the core of what we were, of where we've come from, and of what we have become, there is much to learn from memories in how we carry on. And there is something to leave to others in our memories and knowledge. We have all been part of history, and we have stories to tell. In this spirit, I urge you to come along to our General Meeting on May 1st to learn something of the work being done in Oral History to mine memories of events worth recording. And for those who share my feelings about fading short-term memory, you may enjoy the poem "Forgetfulness," which is printed

Message du Président

Le conférencier à notre prochaine assemblée générale vient du Centre d'histoire orale. Cela m'a fait penser dernièrement aux souvenirs de l'antan. Il me semble que ma mémoire à court terme est de plus en plus courte tandis que ma mémoire à long terme demeure intacte; mes souvenirs du passé me reviennent sans effort de ma part. Mes amis d'enfance, et de l'école, ainsi que les parents longtemps disparus viennent hanter mes pensées, et je suis transporté au temps de jeux enfantins joyeux, et des dîners de famille, de victoires et de défaites, et des choses que j'ai faites et que je n'ai pas faites. Les souvenirs de choses que je n'ai pas faites sont en quelque sorte les plus poignants, les regrets d'avoir manqué l'occasion de faire un appel ou une visite, de dire merci ou de faire mes excuses sont passés depuis longtemps. Pourtant, je chéris les vieux souvenirs qui me ramènent devant ceux qui m'étaient chers et me fait reconnaître ma chance d'avoir eu le privilège de profiter de ma vie, y compris mon temps à l'Université Concordia. Comme dans la chanson de CATS,

*Mémoire, toute seule dans le clair de lune,
Je peux sourire du vieux temps,
J'étais belle alors.
Je me souviens de l'époque, je savais ce qu'était le bonheur.
Que la mémoire revive.*

Si les souvenirs sont au cœur de ce que nous étions, d'où nous sommes arrivés, et de ce que nous sommes devenus, il reste beaucoup à apprendre de l'effet des souvenirs sur notre façon d'agir. Et il existe quelque chose à léguer grâce à nos expériences et de notre savoir. Nous faisons tous partie de l'histoire, et nous avons tous des histoires à raconter. Dans cet esprit, je vous invite à venir à notre assemblée générale le 1er mai pour vous rendre au courant des travaux qui se font au Centre d'histoire orale à propos de l'enregistrement des événements notables. Et pour ceux qui partagent mes sentiments au sujet de la disparition de la mémoire à court terme, vous pouvez profiter du poème «Forgetfulness», qui est imprimé ailleurs dans ce bulletin.



SOCIAL EVENTS UPDATE

We have had a very successful start to this year's social events. There were two well-attended outings to see the plays 'The Seagull' at the Segal Centre and 'Motherhouse' at the Centaur Theatre. We also had an outing to see a concert at the Museum of Fine Arts on March 13th followed by dinner at l'Academie Restaurant. This outing was organized by the McGill Retirees and was attended by 26 people, with 13 people attending from our Association. The feedback received was very enthusiastic and people are looking forward to similar events in the future.

The following events are planned for April and May.

Montreal Museum of Fine Arts

Peter Doig - No Foreign Land

Tuesday, April 15th, 2014 - 2:00 pm

Entrance fee is \$20.00 per person or free for Museum VIP members. If we have a group of 20 or more, the cost is \$16.00 per person. There is an additional fee of \$2.50 per person if we would like a guided tour

Check the website www.mbam.qc.ca/en/ for details on the exhibit.

Centre d'histoire de Montreal (335, place d'Youville, Montreal)

Friday, April 11th, 2014 - 2:00 pm

Entrance fee is \$5.00 per person. If we have a group of 10 or more, the cost is \$1.75 per person.

- *Scandal! Vice, Crime and Morality in Montreal, 1940 - 1960*
- *The Hidden Face of the Mountain*

Centaur Theatre

2 Pianos 4 Hands

Wednesday, May 7, 2014 at 1:00

Ticket cost is \$27.00 per person (senior group rate)

Other possible outings include:

Montreal Museum of Fine Arts

Faberge - Jeweller to the Czars (June 7 to October 5, 2014) - to be scheduled for mid-June.

From Van Gogh and Gauguin to Kirchner and Kandinsky - German Expressionism and France (October 11, 2014 to January 25, 2015) - to be scheduled for late October, 2014

Pointe-a-Calliere Museum - to be scheduled for late August

Lives and Times of the Plateau (Until September 1, 2014)

Chateau Ramezay - Historic Site and Museum of Montreal (280 Notre-Dane Street E.) - to be scheduled for November, 2014

Hochelage, Ville-Marie and Montreal (Permanent exhibition)

Life in Montreal in the 18th Century

Justice in New France: Crime and Punishment

The Fur Trade at Lachine National Historic Site of Canada (1255 Saint-Joseph Blvd., Lachine) - to be scheduled for July, 2014

Please RSVP to Wendy Hedrich at whedrich@bell.net or by phone at (514) 695-3626 if you are interested in any of the scheduled events.



GUEST SPEAKER - PHILIP LICHTI

The Centre for Oral History and Digital Storytelling (COHDS) explores the connections between oral history, new media, and the arts, and opens up access to and analysis of the audiovisual oral history record. As a centre of production by way of a wide array of media, it shares its findings with diverse audiences, both within and beyond the academy. COHDS serves as a point of convergence for collaborative research, teaching and publishing among faculty and students at Concordia, as well as community-based projects operating at the local, national and international levels. Community based researchers and artists are an integral part of our community of practice. Sharing authority is at the core of our research ethic.

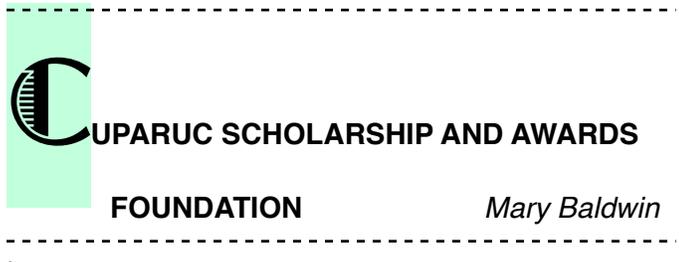
Prior to assuming the role of Digital Media Coordinator at COHDS in 2013, Philip Lichti was a regular collaborator on several projects based at the Centre. Along with Trudeau Foundation Fellow and Professor of History at Concordia University Ronald Rudin, he produced the

web-based documentary *Returning the Voices* (<http://returningthevoices.ca>). The project tells the story of the expropriation of Kouchibouguac National Park through short video capsules of former residents of the removed communities. The unique web-interface allows visitors to uncover these stories by visiting the sites in the park where the communities once lay.

He co-produced *Une fleur dans le fleur* with Lisa Ndejuru. The audio guide follows in the footsteps of a walk taken by Montréal's Rwandan community each year to commemorate the hundreds of thousands of men, women and children murdered during the genocide. The audio draws on interviews conducted as part of the *Life Stories Project* at COHDS.

The latest project he was involved with was another audio guide that recounts some of the history of the Lachine Canal (<http://postindustrialmontreal.ca/audiowalks/canal>). The audio mixes recreated soundscapes with extracts from a series of interviews with people who lived and worked and bore witness to the dramatic changes the area has seen in the last century.

Philip's work at the centre has largely revolved around making accessible to the public the extensive collection of oral histories held by the COHDS archive through exhibition and multimedia works. He will speak about some of the ground-breaking work taking place at the Centre for Oral History and Digital Storytelling and the place of oral history in contemporary scholarship.



The four Graduate Awards of \$5,000 have now all been made. The recipients and their programs are:

Daniel Hundert, PhD in Religion (Faculty of Arts and Science)

Hui Rong Zhu M.Sc. in Mathematics (Faculty of Arts and Science)

Jude Griebel MFA in Studio Arts (Faculty of Fine Arts)

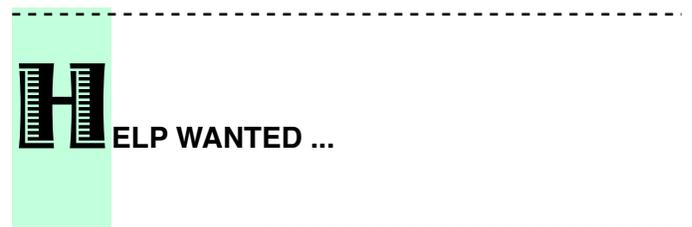
Jennifer Date M.A.Sc in Building Engineering (Faculty of Engineering and Computer Science)

In the fall of 2013 we were informed that there would be a reduction in the annual payout rate by the Concordia University Foundation (CUF), which manages and invests our awards fund, from 5 percent to 3.5 percent

starting in 2014-15 fiscal year. Unfortunately the 2008-2009 financial downturn and continued market uncertainty have affected all investors including the CUF. This led the CUPA Executive to start considering the issue of reduction in the number or the value of the awards. Our payout is split equally between graduate and undergraduate awards; at present four undergraduate scholarships and four undergraduate bursaries are given in addition to the four graduate awards.

However, on February 3rd I received a letter from Bram Freedman, President of the CUF stating that "After a thorough review of the situation, Concordia University has agreed to supply the funds required to cover the 1.5 percent payout adjustment for the 2014-15, 2015-16 and 2016-17 fiscal years to those accounts which require top-up." This is great news. There have been changes over the past year in the CUF's investment policy, the goal of which is to safeguard the value of endowments over time, while ensuring the sustainability of the payouts, and we now hope that we will be able to continue to support students at the current level going forward after 2016-17.

To maintain, let alone raise the amount of support the Retired Faculty and Staff Scholarships and Awards Endowment Fund provides, or to increase the number of awards made, the fund needs to grow. We urge you to consider seriously supporting students through this fund. In the Concordia Annual Giving campaign there is a box to earmark donations specifically for scholarships, and you should identify that the donation is intended for the Retired Faculty and Staff Endowment Fund; there is also a link on the CUPA web site. Students who receive our awards are always most appreciative of our interest and support – please give generously.



This is your chance to edit and produce an important informational and literary journal - this one. We are seeking a new newsletter editor to take over from the current one, who is, at this point, past his 'best by' date. Contact john.woodrow@concordia.ca for more information.

Forgetfulness

By
Billy Collins

The name of the author is the first to go followed obediently by the title, the plot, the heartbreaking conclusion, the entire novel which suddenly becomes one you have never read, never even heard of.

as if, one by one, the memories you used to harbor decided to retire to the southern hemisphere of the brain, to a little fishing village where there are no phones.

Long ago you kissed the names of the nine Muses goodbye and watched the quadratic equation pack its bag, and even now as you memorize the order of the planets,

something else is slipping away, a state flower perhaps, the address of an uncle, the capital of Paraguay.

Whatever it is you are struggling to remember it is not poised on the tip of your tongue, not even lurking in some obscure corner of your spleen.

It has floated away down a dark mythological river whose name begins with an L as far as you can recall, well on your own way to oblivion where you will join those who have even forgotten how to swim and how to ride a bicycle.

No wonder you rise in the middle of the night to look up the date of a famous battle in a book on war. No wonder the moon in the window seems to have drifted out of a love poem that you used to know by heart.

NEXT MEETING

May 1, 2014 - HB-130, Loyola campus
10am

Guest Speaker: Philip Lichti - The Centre for Oral History and Digital Storytelling.

The CUPARUC Newsletter

Do not reproduce without permission.

The Association assumes no responsibilities for the statements or opinions of authors or articles

NEW MEMBERS

- Francois-Xavier Cloutier
- Marlene Davies-Lajoie
- Ahmed Elhakeem
- Lee Harris
- Jolanta Manowska
- Mike Marak
- Odile Plain

CONDOLENCES - DECEASED MEMBERS

- Helene Beaudet, Telesis
- Barbara Boucher, Advancement & Alumni Relations
- John Buell, Communications Studies
- Bernice Goldsmith, Office of the Dean, Engineering & Computer Science
- Russell Gordon, Studio Arts
- Norma Gould, Education
- Ingeborg Grant, Geography
- Corrine Jetté, Engineering & Computer Science
- Barbara Levine, Biology
- Hilda Nichols, Library
- Richard Pope, Physical Resources
- Zolton Popp, Decision Sciences & MIS
- Ahmad Shafaat, Supply Chain & Business Technology Management
- John Smola, Vice-Principal, Finance & Administration; Assoc. Prof. Management
- Vladamir Zeman, Philosophy

The Newsletter continues with the Internet only version from this point. We apologize to those not having access to this however, it is necessary to control printing and mailing costs

Christmas 2013





JUICING ANYONE?

alexS.



You have seen the ads that proclaim the benefits, life-style and equipment you could buy for three easy installments.

Are you tired, have a headache and are confused about what and how to juice?

Look no further! I'll demo the practical aspect, the mechanics of juicing.

And here is a perfect line for those who always suggest that you eat healthy: "I'm juicing".

JUICING with Alex in 5 easy steps:



Step1- Buy fresh stuff. Don't use what you have in the fridge, it's probably a week old already and not fresh enough for juicing. Get carrots, beets, apples, ginger, celery and garlic cloves, all for about \$10.

Assuming you have already bought a juicer with a speed of at least 12 000 revolutions per minute, to extract more juice out of the harder vegetables, we can go to step 2. If you have the right machine, the chute should be big enough to swallow a 3" apple. If not, return it to the store and spend some serious money for a real juicer.



Step 2 – Prepare as shown, 2 celery sticks, 3 apples, 5 carrots, 1 slice of ginger, 3 cloves of garlic and 1 red beet (not shown – probably rolled off). Wash everything, especially the red beet, don't cut the apples. Start the juicer and put the vegetables into the chute one by one, to avoid clogging. Do that in no particular order. To get more juice do those items that produce more pulp last. Don't forget to cover the chute with the supplied pusher,

unless you like to scrape the pulp off the ceiling, just kidding.



Step 3 – Be amazed, so much fresh juice from so few veggies, and with anything in the mix you could think of.



Step 4 – The cleanup, also known as the hard part. Disassemble the machine and rinse all parts right away. If you have more than 5 parts, back to the store. Warm water and liquid soap makes it easy. Dry to avoid spots. Could then be washed in the dishwasher, or put it back together and run it for one minute to dry off any remaining water.



Step 5 – Enjoy, you'll get three glasses. One each, for you and the one who cleaned the juicer. Cover the third glass and keep it in the fridge for later that day. Does it work, what are the benefits? It tastes fantastic. Check out the smile and the complexion. When your skin turns orange, cut back on the carrots. The juicer for this demo was a 'Breville Juice Fountain Plus' with a two speed 850 watt motor, good for 6000 and 12000 rpm, not provided by a sponsor.

Guys can pick up this item for \$199 during their weekly trip to Canadian Tire, for their lady. Ladies can shop for it at The Bay on sale for \$159, for their man.

Juicing together – it can't get any better than that!

CURAC/ARUCC is a non-profit federation of retiree organizations at colleges and universities across Canada. Its primary aim is to coordinate activities that promote communication among member organizations, to share information, provide mutual assistance, and speak publicly on issues of common concern to its more than fifteen thousand members across Canada.

CHT REFORM IS INADEQUATE AND INEQUITABLE

Currently the Canada Health Transfer (CHT) is based on population share and the income level of the provinces. Starting this year, however, the federal contribution to the provinces for financing health care through the CHT will be based on an equal, per capita basis, regardless of the higher costs of health care in provinces with more dispersed populations and a larger proportion of older residents. Three years later, the CHT growth rate will be reduced to a three-year moving average of nominal GDP with a floor of 3 percent per year. These changes make this federal transfer both inadequate and inequitable.

Inadequacy. Provincial governments face spending pressures in health care from a variety of sources including population growth and population aging, rising costs of drugs, and the increasing utilization of services and of new and more expensive equipment. Over the next thirty years, demographic factors alone will drive real health care costs by about 2 percent per year. An average inflation rate of 2 percent per year would create a nominal growth rate of spending of 4 percent per year from demographic pressures alone. This means that nominal GDP would have to increase at an average annual rate of 4 percent in order for the federal contribution to address spending pressures from demographic factors alone. Even if Canada was able to achieve this economic growth target in an environment of lower growth expectations, its share of health care financing would remain constant at the current level only if all the non-demographic health care cost pressures were fully neutralized. Unless provincial governments are capable of reducing to zero the spending pressures from drugs, greater ser-

vices utilization, new technology, and wage demands by health care providers, the federal share of financing health care in Canada will decline over time. Projections by the Parliamentary Budget Office indicate that the fiscal system of the federal government is sustainable but that of the provinces is not. The new financing formula for the CHT, therefore, shifts the burden of financing health care from a sustainable system to unsustainable fiscal systems.

Inequity. Health care spending pressures differ among provinces depending on a variety of factors, especially different rates of population aging and geographic dispersion of the population. By ignoring these important inter-provincial differences, the equal per capita federal contribution discriminates against provinces whose population is aging at a faster rate than the national average and is not concentrated in major urban centres. A recent study by Gregory Marchildon and Haizhen Mou published on the Globe and Mail's website, 9 October 2013 (see www.globeandmail.com/globe-debate/the-funding-formula-for-health-care-is-broken-albertas-windfall-proves-it/article14764089/#dashboard/follows/) that the equal per capita CHT will shortchange all provinces except Alberta, which will receive a large windfall. According to this study, every other province will lose money.

Policy Suggestions. Shifting the burden of financing health care from the federal government with its greater fiscal capability to provincial governments in precarious fiscal conditions is not only contrary to long-standing traditions in federal-provincial fiscal arrangements, but it also undermines national unity. Either the federal government gets more directly engaged in modernizing our health care system with a view to improving outcomes without raising cost pressures or it should provide adequate financial support to the provinces. This support must also be equitable and take into account differential spending pressures among provinces, in particular factors that are not responsive to government intervention such as population aging. At the very least, per capita CHT payments should be related to the share of the population over 65 in each province. The principles of the Canada Health Act—public administration, comprehensiveness, universality, portability and accessibility—must be respected so that all Canadians receive comparable medicare services no matter where they live.



COMING EVENTS - FULL LIST

Please RSVP to Wendy Hedrich at whedrich@bell.net or by phone at (514) 695-3626 if you are interested in the scheduled events (Peter Doig exhibit, Centre d'histoire de Montreal outing and/or the play '2 Pianos 4 Hands' at the Centaur Theatre).

The following events are planned:

Montreal Museum of Fine Arts

Peter Doig - No Foreign Lands

Tuesday, April 15th, 2014 - 2:00 pm

Entrance fee is \$20.00 per person or free for Museum VIP members. If we have a group of 20 or more, the cost is \$16.00 per person. There is an additional fee of \$2.50 per person if we would like a guided tour.

If you are interested in this outing, please let me know by April 8th at whedrich@bell.net or by phone at (514) 695-3626.

If the group is interested in meeting for lunch first and then heading to the museum to tour one or both of the exhibitions, please let me know.

Organized by the Montreal Museum of Fine Arts and the National Galleries of Scotland, this is the first major exhibition to be devoted to this remarkable painter in North America! After Edinburgh, where the artist was born, it's now the turn of Montreal - where he grew up and where he returned for some years in his late twenties - to host this historic presentation, the only one in North America, which has already received critical acclaim.

Few exhibition spaces are as well suited to display the oeuvre of Peter Doig as the great classical galleries of the Michel and Renata Hornstein Pavillion. These galleries, dating from 1912, were designed for the Salon painting characteristic of the late nineteenth and early twentieth centuries, precisely the sort that Doig acknowledges as influences.

His work follows in the great tradition of artists like Bonnard, Matisse, Gauguin and Munch, but also of

James Wilson Morrice and Tom Thomson, Canadian painters he admires, and of Wifredo Lam and Armando Reveron, celebrated West Indian artists. If there exists a legitimate successor to these truly great masters, Peter Doig is widely held to be the one. His genius with images and colours is unequalled among his contemporaries.

The exhibition covers Doig's output since he settled in Trinidad in 2002, a turning point in his painting. It also reveals a previously unknown side of his art: the preparatory works, drawings and sketches that reveal the formal genius of this master colourist. The exhibition features a total of almost a hundred drawings and paintings as well as a wealth of personal documents.

Centre d'histoire de Montreal (335, place d'Youville, Montreal)

Friday, April 11th, 2014 - 2:00 pm

Entrance fee is \$5.00 per person. If we have a group of 10 or more, the cost is \$1.75 per person.

If you are interested in this outing, please let me know at whedrich@bell.net or by phone at (514) 695-3626.

If you would like to meet for lunch first and then head to the museum to tour one or both of the exhibitions, please let me know.

Scandal! Vice, Crime and Morality in Montreal, 1940 - 1960

From the 1940s to the 1960s, Montreal bustled to the rhythm of its nightclubs and basked in the neon glow of its cabarets. The city's often smoldering night-life sometimes overflowed into the dark corners of illegal gambling dens or behind the curtains of brothels. Scandal! Had Montreal really become a city of sin and corruption? Our inquiry sets out to shed some light on the matter.

The Hidden Face of the Mountain

Mount Royal's south side is a famous symbol of Montreal that dominates the city's landscape. However, its north side still has many secrets left to discover. This exhibition shows us the treasures and mysteries of its history and its cultural and natural heritage.

Centaur Theatre

Please note that tickets have already been reserved for this event. I will be sending out a reminder to those people who were interested in attending this play. If you did not respond earlier, please let me know and I will try to reserve extra tickets.

2 Pianos 4 Hands

Wednesday, May 7, 2014 at 1:00

Ticket cost is \$27.00 per person (senior group rate)

By Ted Dykstra & Richard Greenblatt

Directed by Richard Greenblatt

From Chopsticks to Bach: a quest for greatness

Two wunderkids work tirelessly toward concert pianist stardom. They endure hours of practice, cut-throat competitions and pressure from teachers and pushy parents. As years of sacrifice and learning the art of playing the piano unfold on stage, they come to the sobering realization that becoming the next Glenn Gould or Vladimir Horowitz may be out of their reach. The two actors/pianists portray an impressive and often hilarious range of characters and perform pieces by classical, pop and jazz legends, mesmerizing audiences with their piano wizardry.

Other possible outings include:

Montreal Museum of Fine Arts

Faberge - Jeweller to the Czars (June 7 to October 5, 2014) - to be scheduled for mid-June.

From Van Gogh and Gauguin to Kirchner and Kandinsky - German Expressionism and France (October 11, 2014 to January 25, 2015) - to be scheduled for late October, 2014

Pointe-a-Calliere Museum - to be scheduled for late August

Lives and Times of the Plateau (Until September 1, 2014)

Chateau Ramezay - Historic Site and Museum of Montreal (280 Notre-Dane Street E.) - to be scheduled for November, 2014

Hochelage, Ville-Marie and Montreal (Permanent exhibition)

Life in Montreal in the 18th Century

Justice in New France: Crime and Punishment

The Fur Trade at Lachine National Historic Site of Canada (1255 Saint-Joseph Blvd., Lachine) - to be scheduled for July, 2014



We searched in Calgary and found nothing but two pieces of silver and three bronze. We tried again in Vancouver and found fourteen gold. Today in Sochi we dug deep and unearthed ten gold, ten silver and five bronze. Yes, we've come a long way in finding some of that elusive metal. Today, we are among the best in the world when it comes to winter sports.

Can't get enough of the Winter Olympics or are you coverage overloaded? Not to worry, this is not about the Olympics, this is just about money, the green stuff, just as green as the winter in Vancouver or Sochi.

Believe it or not, after the snow has cleared there could be some serious benefits for some of the gold mentalists!

To wit, Ottawa recently appointed a new Senator. Anyone noticed? The honour went to a former alpine skier, gold and silver medal winner at the 1968 Grenoble Olympics. Her fourteen World Cup victories still hold up as a Canadian record. She is the one who became a Senator, at the Prime Minister's discretion. Only in Canada you say?

Who could use an extra \$130K that a Senator pulls in each year? I could! Since our Senators get appointed, why not me?

So, let's take a look at the qualifications needed to become a Senator. The Constitution Act of 1867 specifies: Must be a citizen of Canada, over thirty, own real estate and personal property worth at least \$4,000 and must be able to provide a sober second thought! Wow, that's check, check and check. I qualify!

I already belong to a certain circle of Ottawa's who's who, the outer circle. Like the majority of Canadians, mountains away from any appointee potential for a se-

nator ship. No problem, I think I can overcome this with a review of my skiing abilities.

I started skiing early. Actually, I had to ski to school, starting in grade 1, with my slate board safely tucked in my backpack. That was the only way to get there. You could not go anywhere or do anything without skis during those winters. There were no cleared roads, no public transportation. For us, skiing was something we did without thinking about it. In fact, it was part of our life during the long winter months.

We made our own cross country tracks and staked out our own downhill courses. There were no groomed hills and no ski lifts. In the distance you could see the enormous mountain ranges, but for us, our own hills mattered more. But the most important thing was to have your own pair of skies, custom made by the local carpenter, who also made furniture and wooden wagon wheels!

As for the skies, they were cut out of two boards, shaped and steamed in a form to get the tip raised. The bindings were made out of leather.

It was those skies that got me started. I even skied off the balcony of our cottage one winter when we got snowed in. That day, daylight just would not come. The windows were always frosted up and offered no indication of a major snowfall. When we opened the door, a wall of snow fell into the house. That's when we realized that we were totally snowed in, up to the second floor.

But there were other challenges and mountains waiting to be conquered much later.

First the Mont Royal trails in Montréal, great for cross country skiing, and what an extraordinary view of the

city from there. Then, there are the Laurentians. My friend suggested night skiing in St. Sauveur des Monts which had the largest number of lit ski runs in the world!

He even lend me his old skis. We made it to St. Sauveur, strapped on the skis and skied over to the lift. The ski-lift? Don't sit on the tow bar!

This was my first time in St. Sauveur and when we got to the top of the hill I could see the full size and steepness of the slopes. There were different sections for the downhill runs and we promptly headed for the steepest one, or like we used to call it in my neck of the woods "piece of cake". So I'm taking a moment to assess the best path down when my friend says: "The last time I used the skis you are now using, I broke my leg". I

took a second look at the skies, there were no steel edges. Enter plan 'B', drop schussing and revert to snow plow. Geronimo!

We both made it. This was exhilarating. Night-skiing in St, Sauveur. The shadows add an extra challenge.

A fantastic experience that we repeated as often as we could. Night skiing in St. Sauveur, almost an Olympic thing!

This being said, could my skiing lead to some 'senatoring'? I'll fit right in with the other Senators, always sober and having second thoughts!

Now I'm waiting for my call from Ottawa.
Hello, hello, hell-ooo, hell-oh!



Embark on an *adventure of a lifetime!*

2014 Concordia University Alumni Travel Program

Enjoy an unforgettable trip to one of our spectacular destinations, carefully selected and designed for inquisitive travellers. Relish these reasonably paced, supremely comfortable journeys!

Tuscany

April 9 to 17, 2014

Spain: International lifestyles explorations

April 26 to May 20, 2014

Celtic lands and 70th anniversary of the D-Day landings

June 4 to 14, 2014 **WAITLIST ONLY**

Cruising along the Dalmatian Coast: Venice/Dubrovnik/Korčula/Montenegro

June 18 to 26, 2014

Normandy

July 8 to 16, 2014

Waterways of Russia:

St. Petersburg to Moscow

August 28 to September 7, 2014

China and the Yangtze River

September 15 to 29, 2014 **LIMITED SPOTS AVAILABLE**

For more information or to be added to the travel program mailing list, visit: concordia.ca/alumni/travel
Email: alumnitravel@concordia.ca
Phone: 514-848-2424, ext. 3819